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ABSTRACT

The health services program at Prince George's Community College is oriented toward preventative and educational services as well as referral and the treatment of minor illnesses and injuries. This compilation of statements of intent, forms, and brief descriptive essays covers various aspects of the program. The qualities of a college health nurse, the goals and objectives of the position, and budgets for staffing and equipment of a health service are delineated. The daily activities of the health room include health counseling on a one-to-one basis, first aid for minor injuries and illnesses, emergency readiness, and providing handicapped services. In addition, the following programs are provided: fall semester health screening, blood pressure awareness, weight control, health awareness week, cardio-pulmonary resuscitation, video presentations to instruct students and staff in responding to emergencies, blood mobile, physicals for varsity teams, and the Health Education and Service Club. Job descriptions for a supervisor of health services, staff nurse, medical consultant, part-time relief nurse, and health room assistant are included as are evaluation forms for appraising staff performance by students, counselors, and supervisors. A bibliography, outline of the Maryland Nurse Practice Act, confidential student health form, nursing health report form, and a report on a college health nurses workshop are appended. (MB)

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YES, YOU CAN HAVE A HEALTH SERVICE IN A COMMUNITY COLLEGE

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DIRECTOR OF HUMAN DEVELOPMENT

ACPA, DENVER MARCH 29, 1977
PRINCE GEORGE'S COMMUNITY COLLEGE

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JC 790 157

"YES,

YOU CAN HAVE A HEALTH SERVICE IN A

COMMUNITY COLLEGE"

ACPA, Denver
March 29, 1977
Dr. Henry F. Busky
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Prince George's Community College

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PHILOSOPHY FOR HEALTH SERVICES

The Health Services Program is an integral part of the educational experience of students at Prince George's Community College emphasizing the importance and value of health as a personal and community asset. The main goal of the health services is to protect and promote the optimal health of all members of the College Community. The term "health" in this statement refers to " a state of complete physical, mental and social well-being, and not merely the absence of disease or infirmity" (W.H.O. Constitution). The program is based upon the conviction that the focus of the health program should be the creation of a milieu - physical as well as emotional - which is conducive to healthful and safe functioning. Consistent with this philosophy and the mission of the community college, the major emphasis of the Health Service Program at Prince George's Community College is oriented toward preventative and educational health services as well as care and treatment of minor illnesses and injuries and referral to the community for more

definitive assessment and treatment. In addition, Health Services coordinates service to the handicapped person, the senior citizen, and those students who may need special considerations to help them reach their educational goals.

QUALITIES OF A COLLEGE HEALTH NURSE

Nurses should be selected on the basis of education, nursing experience and the ability to relate to the college administration, faculty, staff and students. The nurse who has completed a baccalaureate program will be better prepared to provide health education and health counseling. A strong background in medical-surgical or emergency room nursing is especially helpful to the lone nurse who must assess and deal with the medical emergencies that occur on campus. The nurse should be expected to maintain a high level of professional competence through membership in professional organizations as well as participation in workshops, seminars or additional education as related to her area.

The college nurse's professional knowledge and expertise make her a valuable member of the community team and as such should be actively involved in the decision making processes of the college.

GOALS

1. Continue the basic Health Service functions.
2. Meet with the Faculty of various departments throughout each semester to discuss health concerns.
3. Conduct a "Know Your Blood Pressure Campaign" twice a semester.
4. Continue to work with the Health Education and Service Club to provide Health Screening and Health Awareness Week.
5. Develop and implement a procedure to evacuate handicapped students and provide a seminar for the campus on the same.
6. Develop and implement a Behavior Modification Program for Weight Control and Weight Loss for students and staff.
7. Begin to develop an information series of video tapes that can be used on the Student Activity closed circuit T.V. for student information.
8. Investigate the possibility of instituting the use of Para-professionals in the Health Service Program.
9. Keep a comprehensive referral list of community agencies in order to provide on-going health care.
10. Provide services necessary to aid temporarily and permanently handicapped students.
11. Keep a supply of pamphlets on display for student information on various health topics.
12. Enhance professional growth and technical skills by attending staff development programs and medical conferences and seminars.

Objectives

A. Continue the basic Health Service functions.

   1. Counseling and referral to resolve health problems and needs.

   2. Providing first aid care for illnesses and injuries.

   3. Meeting with the physician consultant on a regular basis.

B. Meet with the Faculty of various departments throughout each semester to discuss health concerns.

   1. Arrange to be placed on the agenda for various departmental meetings.

   2. Be available to be a guest speaker for classes where appropriate. Past examples have been:

      a. speaking to an allied health class on human sexuality.
      b. leading a community services' coffee hour discussion group on "Cancer".

C. Conduct a Know Your Blood Pressure Campaign twice a semester.

   1. Set up a table in a heavy traffic area for blood pressure readings.

   2. Encourage those with abnormal readings to come to the Health Services for a re-check.

D. Continue to work with the Health Education and Service Club to provide Health Screening and Health Awareness Week.

   1. This includes recruiting volunteers, contacting the agencies for commitment of services, evaluating lab results and providing follow-up referral services.

E. Develop and implement a procedure to evacuate handicapped students and provide a seminar for the campus on the same.

   1. Contact the fire departments on fire regulations.

   2. Write a procedure for removing handicapped or injured persons from a hazardous environment.

   3. Video tape actual carries for use on the Student Activities closed circuit T.V. and general staff/student viewing in the library.

F. Develop and implement a Behavior Modification Program for Weight Control and Weight Loss for students and staff.

1. Conduct in small groups (10-15) to meet once a week for 4 or 5 sessions.

2. Emphasize basic nutrition concepts along with an awareness of why we overeat.

3. Provide a follow-up meeting after completion of the program.

G. Begin to develop an information series of video tapes that can be used on the Student Activity closed circuit T.V. for student information.

1. Preview and purchase those films that would inform students on proper health practices.

2. Produce video programs on various health concerns.

H. Investigate the possibility of instituting the use of Paraprofessionals in the Health Service Program.

I. Keep a comprehensive referral list of community agencies in order to provide on-going health care.

1. Contact the Public Health Department and other community agencies in order to determine clinic hours and other pertinent information.

2. Contact the Welfare Department for information on food stamps, Medicaid cards, and social services.

3. Maintain information about, and liaison with, community programs that deal with addiction and other adult problems, i.e., GUIDE, BIPPY, HOTLINE.

4. Keep referral information on file and review periodically to keep the list current.

J. Provide services necessary to aid temporarily and permanently handicapped students/employees.

1. Keep a list of handicapped students to assist the Director of Human Development in providing counseling services to them.

2. Provide elevator keys to those students unable to use the stairs.

3. Provide special parking permits under set guidelines to all those in need.

4. Insure that new campus facilities are built to provide minimal obstacles to the disabled student or employee.

5. Hold informal discussions with these students on ways in which the school may be of further service to them (i.e., changing doors, ramps, etc.).

K. Keep a supply of pamphlets on display for students to read.

1. V.D., contraceptives, and sex information

2. Blood pressure and heart disease

3. Cancer and smoking

L. Enhance professional growth and technical skills by attending staff development programs, medical conferences and seminars.

1. Staff meetings, workshops, and seminars

2. College Health Association meetings

3. Medical seminars related to health care delivery

4. Consultation with the physician consultant

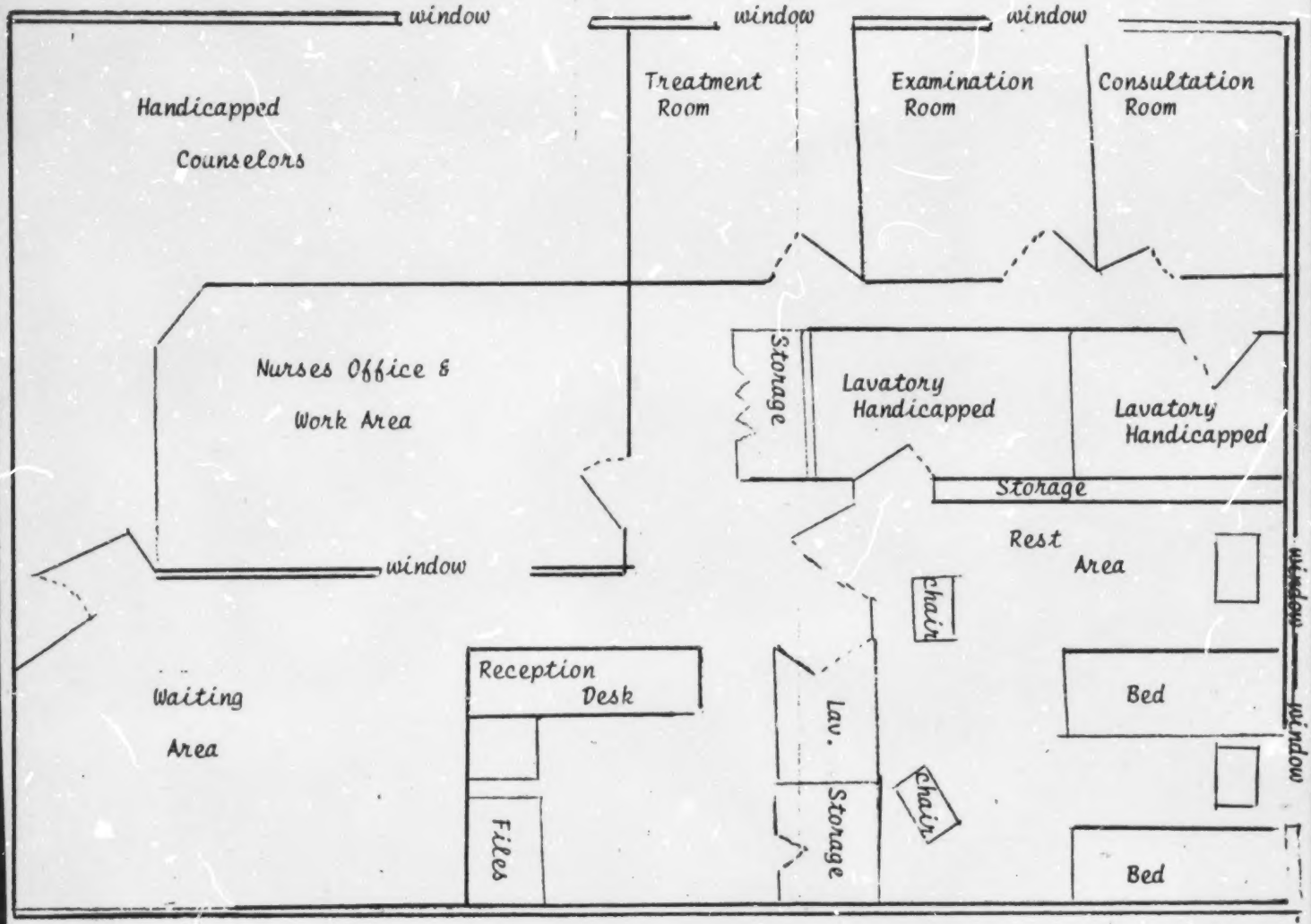
5. First aid refresher courses

Health Service Budget

Salaries:		
Full time nurses: Nurse Supervisor Evening Staff Nurse		$23,985.00
Relief Nurses		2,400.00
Physician Consultant		2,000.00
Office Expenses:		
Equipment Rental (xerox)		750.00
Office/clerical supplies		150.00
Opscan Health Forms		400.00
Treatment Room:		
Supplies/medicines		900.00
Subscriptions		100.00
Local Travel Expense		100.00
	Total	$30,785.00

Equipping a Health Service Suite

Waiting Room/Reception Area -	Comfortable, friendly desk, typewriter, files, chairs	$1,130.00
Rest Area - beds (2) $470 each		940.00
Reclining chairs (2) $250 each		500.00
Nurses work area -	where student health forms and other confidential materials are kept	
	Files - (2) $330 each	660.00
	Desk/Chairs	500.00
	Storage cabinets (2) $110 each	220.00
Treatment Room -	Medicine/treatment cabinet	209.00
	Refrigerator	250.00
	Chairs/lamps/carts/etc.	500.00
Examination Room -	Exam Table	244.00
	Treatment Cabinet	382.00
	Chair	50.00
Nurse Supervisor's	Office/Private Consultation Room - Desk, file, chairs, bookcases, lamps, etc.	1,080.00
	Total	$6,665.00


window
window
window
Handicapped
Counselors
Treatment
Room
Examination
Room
Consultation
Room
Nurses Office &
Work Area
Storage
Lavatory
Handicapped
Lavatory
Handicapped
Storage
Rest
Area
window
chair
window
window
Waiting
Area
Reception
Desk
Lav.
Bed
Files
Storage
chair
Bed

THE FOLLOWING PROGRAMS ARE IN ADDITION TO THE DAILY ON GOING ACTIVITIES OF THE HEALTH ROOM; I.E., HEALTH COUNSELING ON A ONE-TO-ONE BASIS, FIRST AID FOR MINOR ILLNESSES OR INJURIES, EMERGENCY READINESS, AND PROVIDING HANDICAPPED SERVICES.

FALL SEMESTER
HEALTH SCREENING
PROGRAM

Health resources from the county are utilized to provide the college community with free medical tests to detect the possible presence of heart disease, cancer, lung disease, tuberculosis, sickle cell anemia, and hearing and vision diseases.

RESOURCES

COLLEGE:	Health Education and Service Club Health Education Department Allied Health Department Physician Consultant and College Health Personnel
COMMUNITY:	American Cancer Society--Prince George's County Chapter American Heart Association of Southern Maryland Public Health Department Prince George's General Hospital National Screening Council Howard University Sickle Cell Detection Center

PART II

PARTICIPANTS		Cost Per Person
708	Blood Pressure Height, Weight	$0.00
400	Electrocardioanalyzer (E.K.G.)	$0.00
250	Hearing Screening	$0.00
848	Health Counseling	$0.00
250	Oral Cancer Detection	$0.00
400	* Pulmonary Function Test	$2.00
73	Sickle Cell Anemia Screening	$0.00
150	Tine Test (For Tuberculosis)	$0.00
700	* 23 Series Blood Test	$4.75
600	Vision Screening	$0.00

* The Pulmonary Function test and 23 Series Blood Tests were paid for through student activity funds.

KNOW YOUR BLOOD PRESSURE

The Health Service Staff is available at various points on a monthly basis on campus during peak times to take blood pressures for Health Teaching and Awareness. Those persons with high or questionable readings are invited to come to the Health Room for further follow-up with possible referral to their physician or to a Public Health Department Adult Clinic, or continued monitoring by College Health Services.

RESOURCES

College Health Nurse
American Heart Association
Public Health Department
Area Physicians

Cost of Program: $0

Total Participation: 150 - 200 per 2 hour sessions

WEIGHT CONTROL
THROUGH
BEHAVIOR MODIFICATION

A free six week program designed to help persons in a group setting to Lose Weight by being aware of their eating habits and to develop new patterns of eating.

RESOURCES

COLLEGE:	Owl Newspaper Clinical Psychologist	
COMMUNITY:	Public Health Department Department of Agriculture	
ITEMS:		COST
	Handouts	$3.50
	Advertising (Compliments of the OWL)	$0.00

Total Number of Participants per 6 week session 15 - 20

CARDIO-PULMONARY RESUSCITATION

Two six hour sessions per semester are conducted for the College Community. The basic cardiac life support program included identifying and modifying those risk factors that increase the chances of heart disease, learning the early warnings of a heart attack and care of the possible victim by learning mouth-to-mouth resuscitation and external cardiac massage.

RESOURCES

COLLEGE: College Health Nurse trained as a C.P.R. Instructor, classroom

COMMUNITY: American Heart Association of Southern Maryland

ITEMS	COST
Supplies	
Resusi Annies	borrowed from Allied Health Department
Test and classroom supplies and Audiovisual equipment	American Heart Association of Southern Maryland

Total number of participants per semester------30

VIDEO PRODUCTION

DIAL 8 EMERGENCY!

This was developed to instruct the college staff and students to report an emergency and to demonstrate the evacuation of wheelchair and disabled persons from a hazardous situation.

RESOURCES

COLLEGE: Audiovisual Department
Student Volunteers
Physical Plant

COMMUNITY: Prince George's Fire Department

ITEMS	COST
Videotype production	absorbed by the college

Total participation: periodic video viewing throughout the semester

HEALTH AWARENESS WEEK
SPRING SEMESTER

Experts in medicine and health care are invited to talk about heart disease, cancer, natural child birth, consumerism in medical care, birth control and sexuality.

ITEM	COST
Guest speakers (10)	$25.00 per speaker

RESOURCES

Known experts from area health resources are asked to share their experience and knowledge with our college community.

Total participation per session----------50

BLOOD MOBILE

The college community, as part of the larger county community, is asked to respond to a very basic need by donating blood.

RESOURCES

COLLEGE: Student Volunteers
Staff and Student Donors

COMMUNITY: American Red Cross

ITEMS	COST
Room	$0
Supplies	$0
Advertisements	$0

Total number of participants----------250

PHYSICALS FOR VARSITY TEAMS

An opportunity for a low cost physical exam is given to potential members of our varsity squads. An area physician, realizing that the cost of physical exams is often prohibitive for many students, offers his time to provide a thorough physical to those who are trying out for a team.

RESOURCES

COLLEGE:	College Health Service Suite and Staff
COMMUNITY:	Dr. Steven Battle, M.D.
COST:	A fee of $5.00 is charged to the student

HEALTH EDUCATION AND SERVICE CLUB

Mr. Richard Wojciechowicz, Chairman of the Health Education Department and Sally Gresty, BSN, Nurse Supervisor of Health Services are co-advisors of the club. Its purpose is to provide students an opportunity to be actively involved with providing Health Care Programs for the campus.

The club sponsors the Fall Semester Health Screening Week and the Spring Semester Health Awareness Week. The students assist in organizing, advertising and implementing the programs. Their enthusiasm and active support encourage other students to look seriously at life-style habits that may be shortening their life.

PRINCE GEORGE'S COMMUNITY COLLEGE
LARGO, MARYLAND 20870

POSITION DESCRIPTION

Approved Date August 1, 1976 Approval _____

Revision Date _____ Concurrence _____

TITLE: Supervisor, Health Services

RESPONSIBLE TO: Director of Human Development

FUNCTION: To supervise, coordinate, and provide health care to the students and employees of the college; this includes implementation of health education programs, health counseling, first aid, and emergency readiness, referral to community health resources and planning for future needs.

DUTIES AND RESPONSIBILITIES:

Provide for and supervise direct services, i.e. health counseling, assistance to handicapped students, referral to various community health resources for further health care, and first aid for minor injuries.

Plan, develop and implement programs aimed at guiding individuals toward a greater awareness of their own health and ways to assist in maintaining it.

Work with the physician consultant to maintain the high quality of professional care and revise health service programs as the health concerns of the college community changes.

Cooperate with various college departments and organizations to insure a comprehensive approach in meeting the health needs of the students.

Maintain a confidential file of student health forms and obtain from them the information necessary in determining future health service programs. Revise those forms as needed.

Provide pamphelts, informational fliers, booklets, etc. on health topics and preventive health practices for use by individuals, groups, or in campus programs.

Consult with Physical Plant and other appropriate personnel regarding safety regulations and health precautions needed at the college. This includes the food service and facilities for the handicapped.

Maintain a liaison with the Student Government and student organizations to determine student health needs and to explore ways in which Health Services can be more relevant to them.

Provide comprehensive health care to employees by being available for consultation on health matters, first aid care, preventive health counseling and referral information.

Maintain a registry of nurses who are available to substitute when regular staff is on leave and be responsible for contacting these persons whenever necessary.

Work with the Director and fellow members of the Human Development Department to provide those services as needed in helping students reach their educational/career goal.

Perform other duties as assigned by the Director.

PRINCE GEORGE'S COMMUNITY COLLEGE
LARGO, MARYLAND 20870

POSITION DESCRIPTION

Approved Date August 1, 1976 Approval _____

Revision Date _____ Concurrence _____

TITLE: Staff Nurse, Health Services

RESPONSIBLE TO: Nursing Supervisor, Health Services

FUNCTION: To assist the Supervisor in providing health services to the college community.

DUTIES AND RESPONSIBILITIES:

Provide direct health care services, i.e., first aid care in the health room and during special events, emergency readiness, assistance to handicapped students, health counseling and a referral service for various community health resources for further health care.

Screen student health forms for information concerning health conditions that might affect their scholastic performance, compile a list of health problems and file health forms for future reference.

Supervise para-professionals to assist with clerical and non-nursing health room responsibilities.

Assist in maintaining a community resource file and referral service for the college community's use in obtaining on-going health care.

Provide comprehensive health care to employees by being available for first aid care, consultation on health matters, preventive health counseling, and referral information.

Consult with Physical Plant and other appropriate personnel regarding the application of safety regulations and health precautions needed at the college. This includes the food services and facilities for the handicapped.

Maintain a high level of professional skill and knowledge by assisting with and attending staff development programs, first aid courses, and other inservice programs.

Other duties as assigned by Nursing Supervisor.

PRINCE GEORGE'S COMMUNITY COLLEGE
LARGO, MARYLAND 20870

POSITION DESCRIPTION

Approved Date August 1, 1976 Approval _____

Revision Date _____ Concurrence _____

TITLE: Medical Consultant

CONSULTANT TO: Office of Health Services

FUNCTION: To act as medical consultant for the college. To provide standing orders for health service personnel. To participate directly and indirectly in educational health programs.

DUTIES AND RESPONSIBILITIES:

Act in an advisory capacity directing the health care given by the college health nurses through standing orders and verbal instructions.

Provide on-going liaison with the medical community to assist in the referral of persons with specific problems to appropriate physicians or clinic.

Insure the nurses' ability to function at their optimum level through regular consultations, in person and by phone, and by providing in-service and procedural training.

Provide and periodically update standing orders for health service personnel to authorize limited treatment for injuries and illnesses.

Review regularly specific emergency instructions such as the procedures to follow as well as the use of equipment and medications to be administered.

Provide recommendations to Health Service office for short and long range planning of health programs at the college.

Assist with educational programs for the college community on health and safety.

PRINCE GEORGE'S COMMUNITY COLLEGE
LARGO, MARYLAND 20870

POSITION DESCRIPTION

Approved Date August 1, 1976 Approval _____

Revision Date _____ Concurrence _____

TITLE: Part-Time Relief Nurse

RESPONSIBLE TO: Nursing Supervisor, Health Services

FUNCTION: Be available to provide health care services on a temporary, as needed, basis; i.e., during day or evening hours and Saturdays

DUTIES AND RESPONSIBILITIES:

Provide direct health care, i.e., first aid for minor injuries and illnesses, as well as health counseling on preventive health practices.

Assist handicapped students by issuing close-in parking permits, elevator keys and aiding them in their personal care - as necessary.

Refer those students and staff to the appropriate community health resources for further health care.

Supervise para-professionals to assist with clerical and non-nursing health room responsibilities.

Maintain a high level of professional skill and knowledge by assisting with and attending staff development programs, first aid courses, and other inservice programs.

FY 78 NEW POSITIONS

TYPE*	DEPARTMENT	COST
Student Paraprofessional (2) Certified in First Aid	096	$2.45/hr X 18 hr/wk X 42 wks X 2 = $3,704.40

JUSTIFICATION

Additional help is needed to assist the professional nurses providing first aid to the College Community during the day and evening hours as well as during special events, i.e. graduation, concerts and other Student Activity sponsored events.

With a First Aid Paraprofessional student, Health Services can remain open until 10:00 P.M. and be available to give assistance to those attending the late classes.

* Administrator, Faculty, Staff, Full-Time, Part-Time, etc.
Items only over and above FY 77 funding levels.

HEALTH ROOM ASSISTANT

Duties and Responsibilities:

To provide basic first aid care for minor illness and injury during regular health room operating hours, as well as during special events that occur throughout the year.

To assist the Nurse Supervisor with the various Health Services Education Programs.

Qualifications:

1. Must have current certification in Advanced First Aid and CPR.
2. Must be a student with at least a 2.0 average.
3. Be able to work flexible hours.
4. Have an interest in helping students.
5. Be able to handle student health problems and concerns confidentially.

Program:

They are included in the Paraprofessional Training Program conducted by the Human Development Department.

They receive close supervision on the job until the nurse supervisor is satisfied with the competence, knowledge and interest of the assistants. They are periodically evaluated and training sessions are conducted to expand their knowledge.

SELF-APPRAISAL OF HEALTH SERVICE STAFF

Nurse_____

Semester_____

Date_____

On this form you are asked to look at your own performances as a nurse. At your option use the "Additional Comments" section on the back of this form.

Directions: Rate yourself on each item, giving the highest scores for excellent performances. Provide written explanations and/or documentation of the items. Place in the blank space before each statement the number that most nearly expresses the effectiveness of your performance.

Not Applicable N/A	Excellent 5	Very Effective 4	Effective 3	Needs Improvement 2	Ineffective Needs specific help 1

_____1. Shows genuine respect and concern for students as people.
COMMENT:

_____2. Listens to students and counsels on health and personal problems.
COMMENT:

_____3. Assists students or staff in obtaining further professional care.
COMMENT:

_____4. Assists handicapped students to fully utilize all college facilities.
COMMENT:

_____5. Is considerate of student's privacy and feelings concerning confidentiality.
COMMENT:

_____ 6. Counsels students and staff on preventive medicines.
COMMENT:

_____ 7. Uses community resources both for information and referral when appropriate.
COMMENT:

_____ 8. Students, staff and faculty feel free to return to you in the future for help.
COMMENT:

_____ 9. Cooperates with the Health Instructors to provide Health Week Activities and other health programs.
COMMENT:

_____10. Cooperates with Physical Plant members by giving suggestions or assistance regarding safety and health precautions needed at the college.
COMMENT:

_____11. Encourages students to assume responsibility for obtaining appropriate care for health related problems.
COMMENT:

_____12. Keeps up-to-date with college policy.
COMMENT:

_____13. Is accessible to students and staff during working hours.
COMMENT:

_____14. Keeps up-to-date with her profession through readings, attending conferences, workshops and seminars.
COMMENT:

_____15. Is willing to assume responsibilities as delegated by the Director.
COMMENT:

_____16. Organizes and provides more efficient health services to students.
COMMENT:

_____17. Keeps current listing of student health problems and maintains an accurate roster of handicapped students.
COMMENT:

_____18. Has current pamphlets and other pertinent information in reference to health services and health related problems.
COMMENT:

Additional Comments:

Signature of Nurse_____

Recipient of Services - Health Room Nurses

Student Appraisal of the College Nurses' Function

Name of the Nurse_____Date_____

Semester_____Academic Year_____

This survey is given to learn how you view your nurse. Please don't sign your name. The space at the end allows you to add any further comments you might want to express. Your assistance is greatly appreciated.

Directions: Each statement describes a basic component of Health Services. Rate your nurse on each item, giving the higher scores for more effective performances. Place in the blank space before each statement the number that most nearly expresses your view.

Not Applicable N/A	Excellent 5	Very Good 4	Good 3	Needs Improvement 2	Ineffective Needs Specific Improvement 1

____A. Listens to you and tries to understand your problem.

____B. Takes a personal interest in your health problems.

____C. Helps you make referrals to community resources for health care.

____D. Displays a genuine interest in you as a person.

____E. Gives explanations in detail and to your understanding.

____F. Carries out procedures skillfully.

____G. Explains what is being done and why.

____H. Encourages you to assume responsibility for your own health care.

____I. Adequately answers your questions.

COMMENTS ON THIS SIDE:

COUNSELORS APPRAISAL OF COLLEGE NURSE

Year_____ Date_____

This questionnaire is designed to obtain thoughtful reaction to the college nurse's effectiveness. The space at the end of the survey allows you to add any further comment you might want to express.

DIRECTIONS: Each statement describes a basic component of nursing. Rate the nurse on each item, giving the highest scores for unusually effective performances. Place in the blank space before each statement the number that most clearly expresses your views.

Not Applicable N/A.	Excellent 5	Very Good 4	Competent 3	Needs Improvement 2	Needs significant Improvement and specific help 1

_____1. Shows genuine respect and concern for students as people.
COMMENT:

_____2. Assists students or staff in obtaining further professional care.
COMMENT:

_____3. Assists handicapped students to fully utilize all college facilities.
COMMENT:

_____4. Counsels students and staff on preventive medicines.
COMMENT:

_____5. Students, staff and faculty feel free to return to her for future help.
COMMENT:

_____6. The nurse demonstrates professional skill and knowledge of medical techniques and procedures.
COMMENT:

_____ 7. The nurse assists other college departments to promote programs for health teaching and awareness.
COMMENT:

_____ 8. The nurse has been accessible to students and serves as health information center.
COMMENT:

_____ 9. The nurse attends staff meetings, workshops, seminars, and conferences to enhance her performance.
COMMENT:

_____10. The nurse maintains a positive professional attitude in her work.
COMMENT:

ADDITIONAL COMMENTS:

Signature of Counselor_____Date_____

Signature of Nurse_____Date_____

SUPERVISOR'S APPRAISAL OF HEALTH SERVICE NURSES

Health Service Nurse_____

Semester_____Date_____

Directions: Rate the duties and responsibilities, giving the highest score for those areas accomplished. Comments need only to be made if the nurse did not meet all the requirements.

Not Applicable	Met all requirements	Met nearly all requirements	Average	Minimal requirements met	Needs improvement & specific help
N/A	5	4	3	2	1

____1. Does the nurse demonstrate professional skill and knowledge of medical techniques and procedures?
COMMENT:

____2. Does the nurse provide accurate and appropriate information to students concerning health related problems?
COMMENTS:

____3. Does the nurse assist other college departments to promote programs for health teaching and awareness?
COMMENT:

____4. Does the nurse listen attentively to student's problems and make referrals to community health resources when appropriate?
COMMENT:

____5. Does the nurse assist the college community in general, and assume responsibility as designated by her supervisor?
COMMENT:

____6. Has the health room nurse been accessible to students, and served as a health information center?
COMMENTS:

____7. Does the nurse maintain a positive professional attitude in her work?
COMMENT:

____8. Does the nurse attend staff meetings, workshops, seminars and conferences to enhance her performance?
COMMENT:

____9. Does the nurse work with and under the direction of the physician consultant to coordinate efforts to improve College Health Services?
COMMENT:

Additional Comments:

Signature of Supervisor_____Date_____

Signature of Nurse_____Date_____

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Cosgriff and Anderson: The Practice of Emergency Nursing, 1975.

Gillies and Alyn: Patient Assessment and Management by the Nurse Practitioner, April 1976.

Health Law Center: Nursing and the Law, Aspen Systems Corporation, 1975.

Henderson, John M.D.: Emergency Medical Guide, McGraw-Hill Book Company, 1973.

Touching All Basics: Author Unknown, EM Books, New York, New York, Copyright Unknown.

PUBLICATIONS SUBSCRIBED TO FOR HEALTH SERVICES

1. American Journal of Nursing, Subscription Dept., 10 Columbus Circle, New York, New York 10019. $10/yr

2. Community College Health Services, E.D. Lovett, M.D. 49 Showers Drive, Suite 409, Mountain View, California 94049 $2/yr

3. Emergency Medicine, Fisher Medical Publishing, Inc., 750 Summer St., Stamford, Connecticut 06901 $25/yr

4. Journal of the American College Health Association 2807 Central Street, Evanston, Illinois 60201 $20/yr

5. Journal of Practical Family Medicine/Patient Care, 16 Thorndal Circle, P.O. Box 1245, Darien Conn, 06820 $20/yr

MARYLAND NURSE PRACTICE ACT

Statutory Authority: The Nurse Practice Act governs the practice of registered nurses, as found in Article 43, Sections 290-302, Annotated Code of Maryland (1971 Replacement Volume, 1974 Supplement) as amended by Chapter 591 of the Acts of the General Assembly of Maryland, 1975. 291. (b) (1) "The practice of registered nursing" means the performance of acts requiring substantial specialized knowledge, judgment and skill based upon the principles of the biological, physiological, behaviorial and sociological sciences in either: (I) The assessment, problem identification, planning and implementation, and evaluation of the health needs and health care action capabilities of individuals, families or communities for purposes of maintaining health, preventing illness, caring for the ill, injured or infirm and providing rehabilitation. (II) The performance of additional acts requiring formal education and clinical experience or its equivalent and which are recognized jointly by the medical and nursing professions as proper to be performed by nurses licensed under this subtitle and which are authorized by the Board through its rules and regulations. (III) The administration,

supervision, delegation and evaluation of nursing practice. (IV) The teaching of nursing. (2) The practice of nursing includes both independent nursing functions and delegated medical functions, and may be performed autonomously or in collaboration with other health team members.

PRINCE GEORGE'S COMMUNITY COLLEGE
301 Largo Road Largo, Maryland 20780

CONFIDENTIAL Student Health Form

TO THE STUDENT: Please answer as completely as possible and return with admission form so that Health Services can better assist you during your stay at the College. The Health Service staff is available to discuss any question you may have regarding your physical or psychological health, family history, or other health matters that may be of concern to you. The College Health Nurses are located in 125C Bladen Hall or call ext. 251.

USE # 2 pencil ONLY. Do not use ink or felttip pen. Darken appropriate boxes as shown. ✓ wrong X wrong | correct

NAME _____ (LAST) (FIRST) (MIDDLE)

ADDRESS _____

PHONE _____ BIRTHDATE _____ (MONTH / DAY / YEAR)

SOCIAL SECURITY NO.

	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9
	0	1	2	3	4	5	6	7	8	9

A. Sex: Citizen: Marital Status: Single (widowed / divorced) Married

Medical Insurance: Medicare, VA

Date of entry to PGCC: Fall Spring Summer Year _____

B. In case of emergency, notify:

_____ NAME RELATIONSHIP _____ AREA CODE/HOME PHONE _____ AREA CODE/BUSINESS PHONE

_____ HOME ADDRESS NO. STREET CITY STATE ZIP CODE

PHYSICIAN _____ ADDRESS _____ NO. STREET

_____ CITY STATE ZIP CODE _____ PHONE

C. Please mark those items that apply:

I have problems with: Hearing, 2. Vision, 3. Speech, 4. Balance, 5. Use of back or extremities.

I use: Wheelchair, 3. Artificial Limb, 4. Support - Brace.

EXPLAIN ALL MARKED ANSWERS ON REVERSE SIDE.

D. Do you have any allergies? Yes No If yes, mark those items to which you are allergic.

Penicillin, Sulfa, Bee Sting, Other Insect Bites, Tetnus (Horse Serum), Penicillin, Sulfa

Medicine, specify _____ Environmental factors, specify _____ (plants, food, animals)

E. Do you have any significant physical or emotional health problems that you would like us to know about? Y N

EXPLAIN ON REVERSE SIDE.

F. Are you taking any prescription medications regularly or frequently? Y N Please indicate name(s) if known:

_____

_____

SIGNATURE _____ DATE _____ *CHECK FOR COMPLETENESS.*

DC 33-4964 (Rev. 6-82) PRINCE GEORGE'S COMMUNITY COLLEGE

NURSING HEALTH FORMS
FOR FALL 1976

Physical Problem	Equipment Use	Allergies	Medical Insurance
1. Hearing	1. Wheelchair	1. Aspirin	1. Military Dependent
2. Vision	2. Crutches/Canes	2. Egg Protein	2. None
3. Balance	3. Artificial Limb	3. Bee Sting	3. Medicare
5. Use of Back or extremities	4. Support Brace	4. Other Insects	4. VA Benefit
		5. Tetnus	5. Private
		6. Penicillin	
		7. Sulfa	
		8. Special Medic	
		9. Environmental	

	TOTALS		TOTALS
Sex		Allergies	
Males		No	
Females		Yes	
Citizens		Allergy Types	
US		Type 1	
Other		Type 2	
Marital Status		Type 3	
Single		Type 5	
Married		Type 6	
Medical Insurance		Type 7	
Type 1		Type 8	
Type 2		Type 9	
Type 3		Emotional Physical	
Type 4		Yes	
Type 5		No	
Entry Semester		Regular Medical	
Summer		Yes	
Fall		No	
Spring		Equipment Uses	
Physical Problems		Type 1	
Type 1		Type 2	
Type 2		Type 3	
Type 3		Type 4	
Type 4			
Type 5			

TOTAL NUMBER OF FORMS PROCESSED

NURSING HEALTH REPORT

FALL 1976

NAME	SS NUMBER	PHYSICAL	EQUIPMENT	ALLERGIES	MEDICAL
John Jones 1221 X Street Oxon Hill, Md. 10101	111-11-1111	Hearing Speech	Crutches	Tetnus Sulfa	Private

REPORT

ON

COLLEGE HEALTH NURSES

WORKSHOP

PRINCE GEORGE'S COMMUNITY COLLEGE

LARGO STUDENT CENTER, COMMUNITY ROOM B.

301 LARGO ROAD

LARGO, MARYLAND 20870

JUNE 3 & 4, 1976

8:30 AM to 4:00 PM

SPONSORED BY

NATIONAL COUNCIL ON STUDENT DEVELOPMENT-REGION III

AMERICAN COLLEGE PERSONNEL ASSOCIATION-COMMISSION XI

MARYLAND COLLEGE HEALTH NURSES ASSOCIATION

PRINCE GEORGE'S COMMUNITY COLLEGE

COLLEGE HEALTH NURSES WORKSHOP

This Workshop was intended for nurses from two and four year colleges who desired to increase their knowledge and expertise to meet the health care demands of college students.

Sessions included discussions on:

* Physical assessment of common health problems of college students i.e. sore throat, mononucleosis, rhinitis.
* Handling psychiatric emergencies including rape.
* Guide to establishing a screening program for the college community.
* Professional responsibilities of college health nurses - stressing ways to promote the need for health service programs whenever and wherever possible.
* Legal aspects of College Health Nursing practice expecially in the absence of a physician.
* The S.O.A.P. Note - Recording a student's health problems; the method of and response to treatment.

The registration fee of $20.00 included two luncheons, coffee and conference materials. One continuing Education Unit was awarded upon completion of the Workshop.

The schedule was as follows:

Thursday June 3, 1976

Registration, Coffee, Donuts

Welcome and Introduction
Dr. Robert I. Bickford, President
Prince Georges Community College

Nursing Assessment of Common Health Problems of College Students
Jeffrey Perlman, M.D., Marylou Keller, R.N.,N.P., Margene Kennedy R.N.,N.P., Judy Edwards, R.N.,N.P. from the University of Maryland College Park Health Services.

LUNCH

Handling Psychiatric Emergencies
Dr. Shanti Tayal, Clinical Psychologist, Prince George's Community College.
Aphrodite Scurato, Ph.D, Psychologist VA Administration.

BREAK

Guide to Establishing a Screening Program for the College Community.
John F. Brensike, M.D., Cardiologist National Institute of Health.

Friday June 4, 1976

Registration, Coffee, Donuts

Welcome and Introduction
Dr. Ernest Leach, Dean Student Affairs, Prince George's Community College.

Professional Responsibility of College Health Nurses.
Elizabeth McKay, R.N., M.S., Director of Enviormental Health, William Rainey Harper College, Chicago, Illinois and liason from the American College Health Association to the American Association of Junior and Community Colleges.

Friday, June 4, 1976, Cont'd

Legal Aspects of College Health Nursing
Salvatore Fiscina, M.D., J.D.
Former Director, George Washington Student Health Center: Physician Consultant, Prince Georges Community College Physician - Attorney Division Legal Medicine Armed Forces Institute of Pathology.

LUNCH

The " S.O.A.P. " Note
Carol Nelson, R.N., N.P.

Case Presentation and Management
Carol Kreissig, R.N.,N.P
Judy Edwards, R.N., N.P.
Sandy Boersma, R.N., B.S.
University of Maryland College Park Health Services.

Suggestions for future programs. C.E.U. Certificates awarded. Evaluation and program wrap-up.

Conference Coodinators:

Sally Gresty, R.N., B.S., Supervisor, Health Services Prince George's Community College.

Judy Edwards, R.N., Nurse Practitioner, University of Maryland College Health Services, College Park Campus, President of the Maryland College Health Nurses Association.

Salvatore Fiscina, M.D., J.D., Physician Consultant, Prince George's Community College.

Stephen E. Sugar, Program Director, Community Services, Prince George's Community College.

BUDGET

Number attending both days	73
Number attending one day	4
Participants who took part in the program	6
TOTAL	83

Income:

73 @ $20 registration fee	1460
4 @ $10 registration fee	40
6 @ $0	0
TOTAL	$1500
National Council on Student Development - Region III	300
TOTAL	$1800

Expenditures:

Food	867
Printing/Duplicating handouts	84
Mailing	34
Supplies (Data Packets)	90
Dr. Perlman	50
Dr. Scarato	50
Dr. Brensike	50
Dr. Fiscina	50
Ms. McKay (Consultant and Speaker)	150
Travel for Ms. McKay	148
Hotel/Meals	63
Audio Visual Technician	44
Room set up and break down	120
TOTAL	$1800

EVALUATION SUMMARY

Total number of evaluations 57

Results are as follows:

The topics chosen were:

Very helpful and informative	47
Helpful	7
So-So	3

The presentations generally were:

Well done	43
Good	12
Average	2

Generally, the participants overwhelmingly reported that the speakers helped them achieve a higher level of professional competence. Many stated that they left the Workshop feeling the time spent was well worthwhile.

Other Comments

Sources of funding for those attending the Workshop were:

Personal funds	19
Institutional funds	27
Combination of the above	12

Other comments/suggestions for future workshops were:

1) the majority preferred a two or more day conference with a multi-topic agenda

2) they also stated a preference for the presentations to use lectures, workshops and discussions in presenting the topics.

3) at the request of several participants cassette tapes of the speakers' presentations were edited down to 6 hours and made available for twelve dollars.

Workshop for College Health Nurses
June 3 & 4, 1976

EVALUATION

Please assist us in evaluating this workshop and thus help us to plan for more in the future.

Please check the appropriate statement:

1) The topics chosen were

___ very helpful and informative

___ helpful

___ so-so

___ absolutely not at all interesting

2) The presentations generally were

___ well done

___ good

___ average

___ not good

(Your comment is appreciated.)

3) Which topics did you find most helpful and of interest to you?

4) Which topic(s) did you not enjoy or did not find helpful?

5) How are (were) your expenses for attending this workshop funded?

_____ Personal funds _____ Institutional Funds

Your comment on any other aspect of the seminar would be appreciated.

UNIVERSITY OF CALIF.
LOS ANGELES
APR 2 1979
CLEARINGHOUSE FOR
JUNIOR COLLEGES